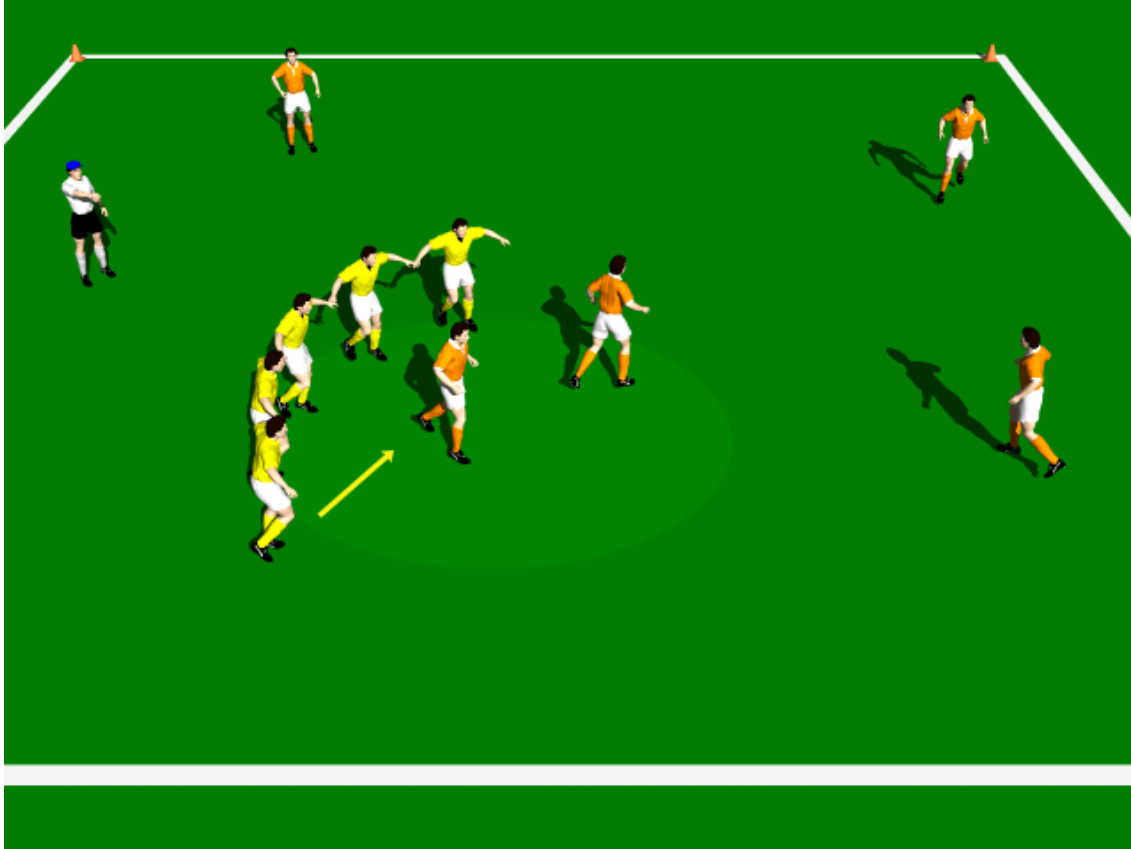


Stick Together Game



Exercise Objectives:

This fun warm up game encourages players to work together as a team to solve a problem. Great activity for team building.

Coaching Pointers:

Place your entire group in a square approximately 20x20 yards. Divide your group with two different colored pinnies. One team holds hands and forms a chain. They get 60 seconds to tag players on the opposite team. A player is eliminated if they are tagged. Swap roles after 60 seconds.

Team that tags the most players wins.