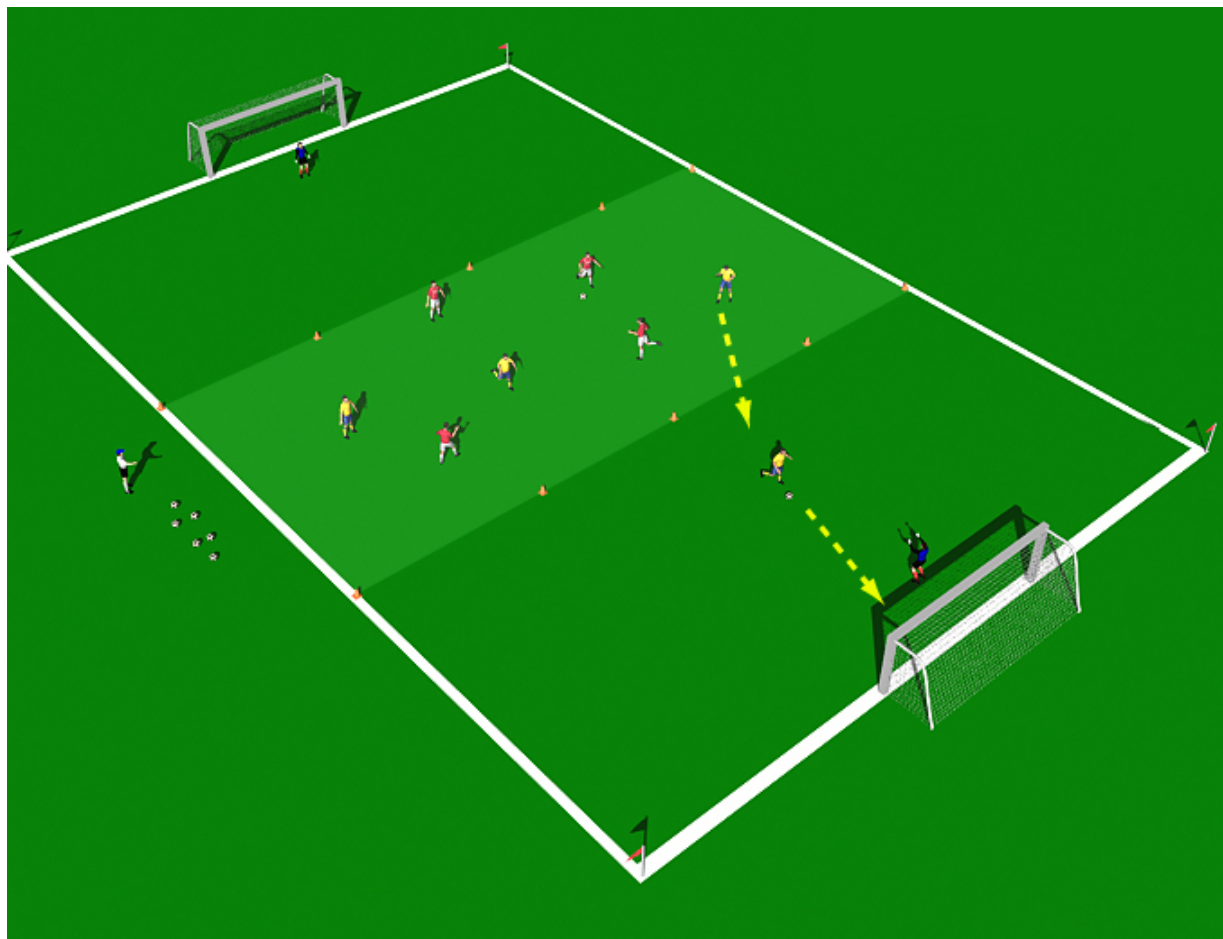


## Ronaldo vs Messi Game



### **Exercise Objectives:**

This exercise is designed to encourage players to combine quick passes and break for a shot at goal.

### **Coaching Pointers:**

Place two equal teams in the middle channel. Players are restricted to the middle channel until they can get 4 consecutive passes. Once they string 4 passes together, the player runs and attacks the goal to try and score. Defenders are not allowed to run back and chase the attacker. Once the player attacks, the coach should serve the ball quickly for a team to take advantage of a “numbers down” situation. This will also demand the strikers to recover quickly after attacking. The player who attacks is Messi on one team and Ronaldo on the other.

### **Focus On:**

- ☆ Quick passes
- ☆ Good support play
- ☆ Attacking the goal with speed
- ☆ Accuracy over power when shooting
- ☆ Transition – recover quickly after shooting