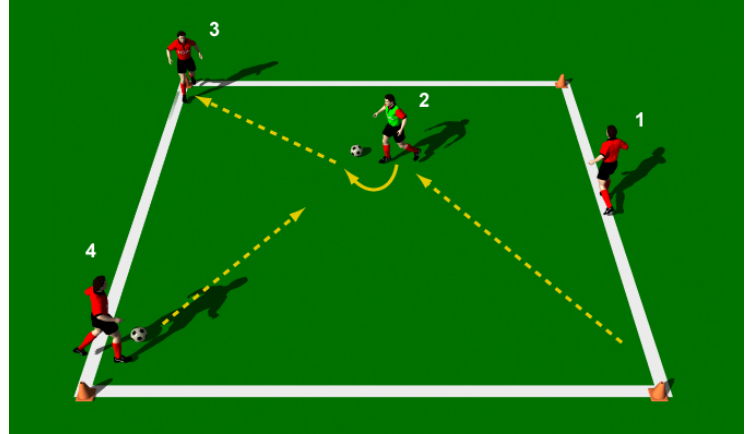
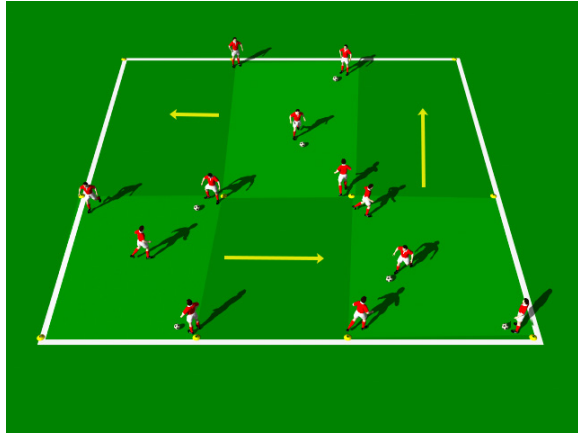


## Liverpool Passing Drill



### Objective of the Practice:

This exercise is designed to work on each players' quick decision making and passing skills.

### Field Preparation:

- ☆ 4 Players per square
- ☆ Area 30 x 20 Yards ( Six 10yard squares)
- ☆ Supply of Balls and Cones

### Coaching Points:

There are four players inside the square with 2 balls. Three players work on the sides of the square and one player works on the inside. The practice starts when player "1" passes to player "2" (center player). After passing the ball player "1" must quickly run to the open cone. Upon receiving the ball, player "2" has to quickly identify the free player and pass the ball to him. After releasing the ball, player "2" receives a pass from player "4".

The practice then is continued in this manner. The center player is always looking to receive the ball and pass to the open player. The outside player is always looking to pass and move to the open cone.

The working player rotates around the squares on the coach's whistle. Must be full intensity sprint. Work in each square for approximately 30 seconds.

### Focus On:

- ☆ Quality "first touch".
- ☆ Accuracy and Pace of the pass.
- ☆ Disguising the pass.
- ☆ Explosive movement with the ball.