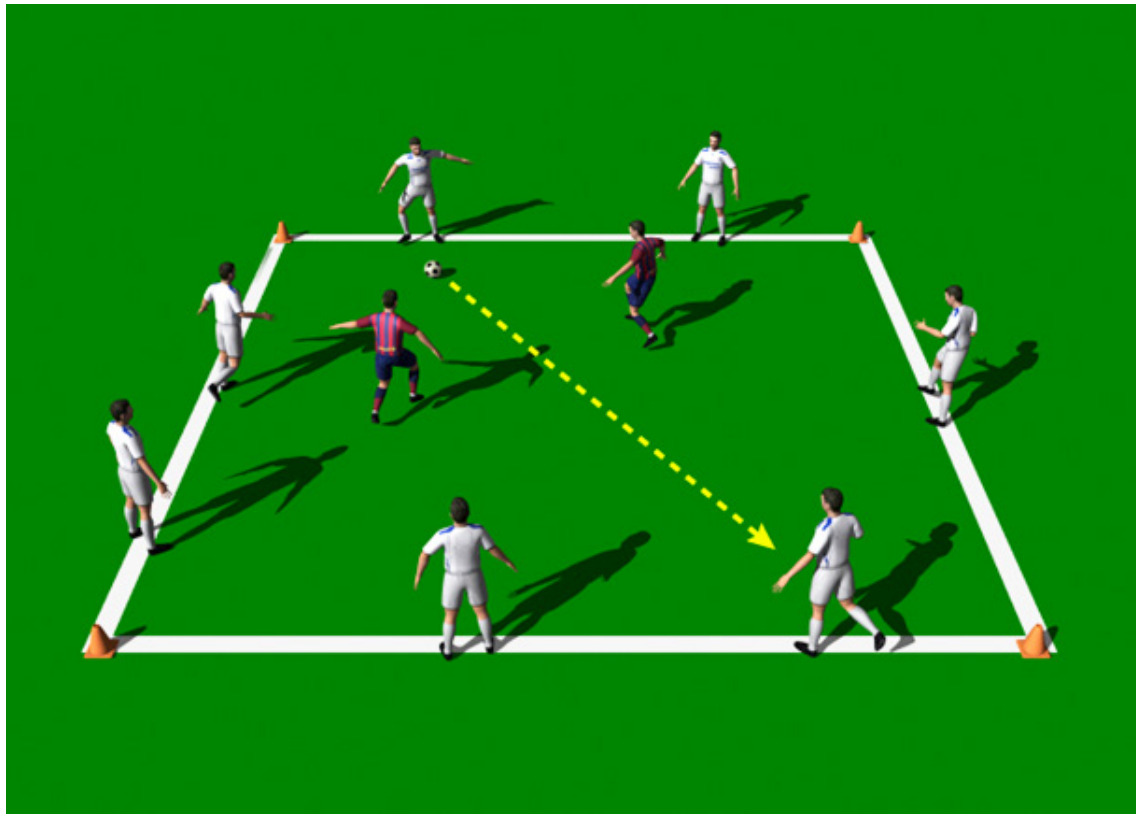


# Rondo Passing Possession Drill



## Exercise Objectives:

This is a great passing exercise to develop vision, pace, accuracy, timing, disguise and speed of play.

## Field Preparation

- ☆ 8 to 10 players.
- ☆ Area 8 by 8 yards.
- ☆ Supply of Balls and Cones
- ☆ Colored Bibs

## Coaching Points

A team group of players are placed in the square. The team is restricted to the square. The team in possession must obtain 10 consecutive passes to get a goal. Two pressurizing players try to win the ball from the team in possession. If the ball is won by the two defenders, two new players must defend.

## Focus On:

- ☆ Quick exchange of the ball, quality passing.
- ☆ High tempo.
- ☆ Quality technique.
- ☆ Good support angles.
- ☆ High tempo defending, work in pairs as you press the ball to force errors.
- ☆ Good communication from all players.