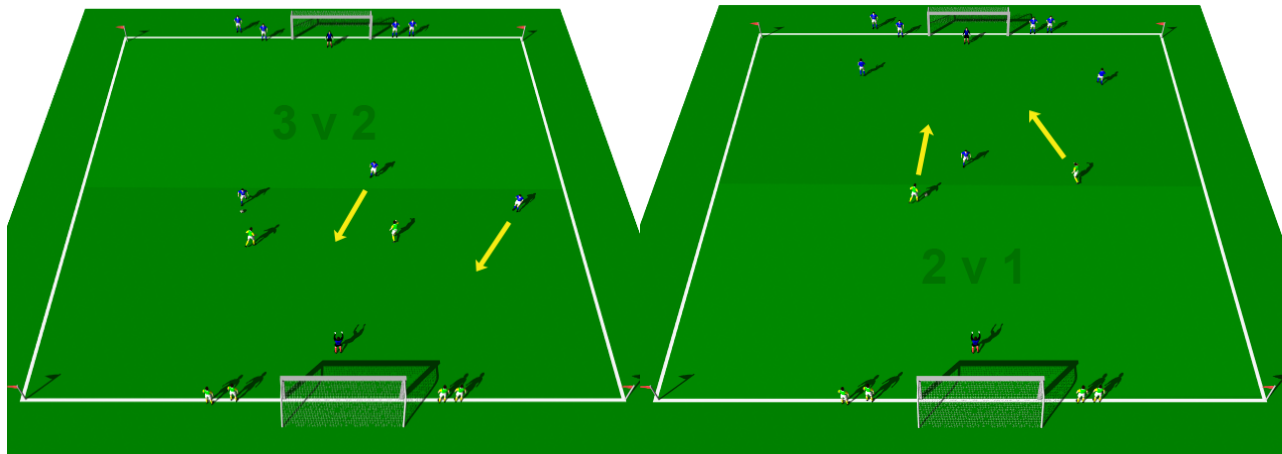


Leicester City 3v2 to 2v1



Exercise Objectives:

This is a great game to focus on “numbers up” attacking in a 3v2 and 2v1 situation.

Field Preparation

- ☆ Entire Group
- ☆ Area 20 yards by 30 yards

Coaching Pointers:

Divide your players into two groups. Position the groups on opposite ends of the field. The practice starts with three players attacking two defenders. The attackers must try to score a goal. Once the attacking team loses possession of the ball be either; scoring, missing or being tackled, the player who shoots the ball (or loses it) becomes the defender and the two defending players become attackers. The other two attackers retreat quickly to their starting positions.

The drill is then repeated. So, one team “**attacks with three and defends with one**”. While the other team “**defends with two and attacks with two**”. Swap these roles after a short period of time.

Players must be in their opponent’s half of the field for a goal to count.

