

Tottenham 2v1 Shooting Game



Objectives:

This is a great shooting game to improve quick transition in a 2v1 attack.

Coaching Points:

Divide your players into two teams. Play on an area approximately 30 yards by 20 yards. Use 2 goals.

Sequence:

- 1. The practice starts with a player from group "A" playing a pass to the first player in group "B". The players then enter the field and attack the goal to try and score. A player from the defending group runs out to defend the attackers.
- 2. After the attack has ended, both attacking players turn and receive a pass from a player in group "B" and attack the opposite goal in a 2v1 situation.
- 3. After both attacks have ended, the attackers join their groups and two new players attack.
- 4. Rotate groups.

Emphasize the following:

- Attack with game speed mentality, "need for speed".
- Use a variety of dribbling moves, change of speed and direction.
 Commit the defender before passing the ball in a 2v1 situation.

Encourage defenders to defending with tenacity to make it challenging for the attacking player to shoot.

Field Preparation

- Entire Team.
- Area 30 by 20 yards
- Supply of Balls and Cones